

towards her. She should support him comfortably in this position while the nurse on the opposite side, rolls up lengthways, the half of the under-sheet that is not occupied by the patient, until it is in the form of a long thin roll from top to bottom and close up against his back. The clean sheet that is to be put in, should be ready to hand on a chair, similarly rolled up half way across. The rolled half should now be placed lengthways down the centre of the mattress, and the other half spread over the free half of the mattress. If it has been necessary to leave in the pillow for the

sary to change the mackintosh as well as the sheets, and with a little careful manipulation the draw sheets can be rolled above, and the big sheets beneath, the mackintosh. The pillows are now shaken up (not *over* the bed) and comfortably arranged, a clean sheet is placed over the patient, and the blanket which has been covering him drawn away beneath it; the surplus of sheet at the upper end should not be turned over the patient's face, the blankets should be arranged at a suitable height over his shoulders, and not tucked in too tightly for comfort. In some few cases, especially where the



Bed arranged for Abdominal Case.

patient's comfort, the sheets are easily adjusted underneath it. The patient is now turned over on to the half of the mattress already furnished with the clean sheet, and the rolled parts of the sheets are left quite free on the other side of him, and the nurse standing there will remove the soiled sheet and unroll the clean one. The draw sheet and mackintosh are dealt with in exactly the same way, and may be changed at the same time as the big sheets, but care must be taken that they are all firmly and neatly rolled so that too big a ridge is not formed (see illustration 1). It is often not neces-

sary to change the mackintosh as well as the sheets, and with a little careful manipulation the draw sheets can be rolled above, and the big sheets beneath, the mackintosh. The pillows are now shaken up (not *over* the bed) and comfortably arranged, a clean sheet is placed over the patient, and the blanket which has been covering him drawn away beneath it; the surplus of sheet at the upper end should not be turned over the patient's face, the blankets should be arranged at a suitable height over his shoulders, and not tucked in too tightly for comfort. In some few cases, especially where the

patient may not be turned on his side, it is sometimes found easier to roll up the short instead of the long sides of the sheets, and thus change them by passing from head to foot, instead of from side to side. We will now consider a case where the bed is to be made without effecting a complete change of sheets, and where the patient may not be turned on his side. As before, the upper bedclothes should be removed with the exception of one article; the nurses on either side of the bed should stand exactly opposite one another, and taking hold of the free

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